

# THE THREE T'S OF CONFIDENCE: Enhance Leadership Skills by Transforming Fear Into Fuel



Develop genuine self-trust with practical tools and scientific insights.

## WHO THIS KEYNOTE IS FOR:

- Emerging or seasoned leaders looking to enhance leadership capabilities and boost overall confidence.
- Team members wanting to grow leadership skills and build self-trust.

## THE HARD TRUTH:

- A majority of leaders, up to the C-suite level, lack confidence in their ability to handle challenges and lead their teams through major changes.<sup>1</sup>
- This low confidence is palpable throughout your company. Only 21 percent of employees strongly agree that they trust their organization's leadership team.<sup>2</sup>

## HOW I CAN HELP:

- I'll share **The Three T's** of Confidence that spotlight solutions and power of confident leadership, helping you transform fear into fuel as a leader.
- Through **The Three T's**, you'll get a new perspective on building self-trust and confidence in your leadership skills.
- You'll leave with the knowledge and tools you need to clarify your story about yourself and transform your approach to leadership.

## WHAT YOU'LL GET FROM ME:

- I make complex concepts accessible and engaging **through rich storytelling, concrete research, and genuine enthusiasm** for the subject.
- I incorporate **interactive elements** people want to participate in! Quick partner activities give you the chance to practice putting ideas into action.
- All this comes together to create a memorable and effective experience with **immediate next steps** you can incorporate into your daily life to start leading and living with confidence.

<sup>1</sup> Accenture study

<sup>2</sup> Gallup poll



IN-PERSON OR VIRTUAL

OPTIONAL: ADD A  
WORKSHOP COMPONENT

LEARNING OUTCOMES

## Find Your Confidence

Uncover and address common barriers to self-assurance, reshaping your perception of true confidence.

## Empower Your Team

Adopt new perspectives that invigorate and sustain your team, preventing burnout and enhancing your working dynamic.

## Put Words Into Action

Integrate **The Three T's** into your daily leadership for lasting, practical confidence.

